

# Muslim Prayer

## Morning Prayer

Prophet Muhammad (peace be upon him)

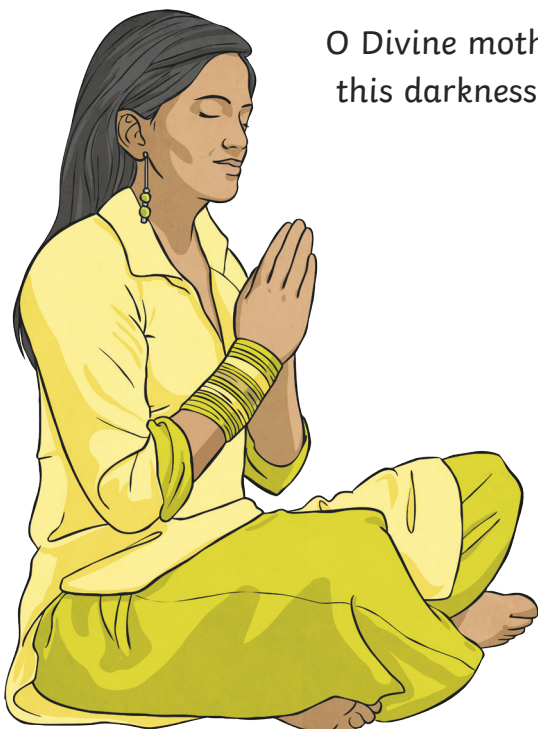
We have awoken, and all of creation has awoken, for Allah, Lord of all the Worlds.

Allah, I ask You for the best the day has to offer, victory, support, light, blessings and guidance; and I seek refuge in You from the evil in it, and the evil to come after it.



# Hindu Prayer

O Divine mother, our hearts are filled with darkness. Please make this darkness distant from us and promote illumination within us.



# Christian Prayer

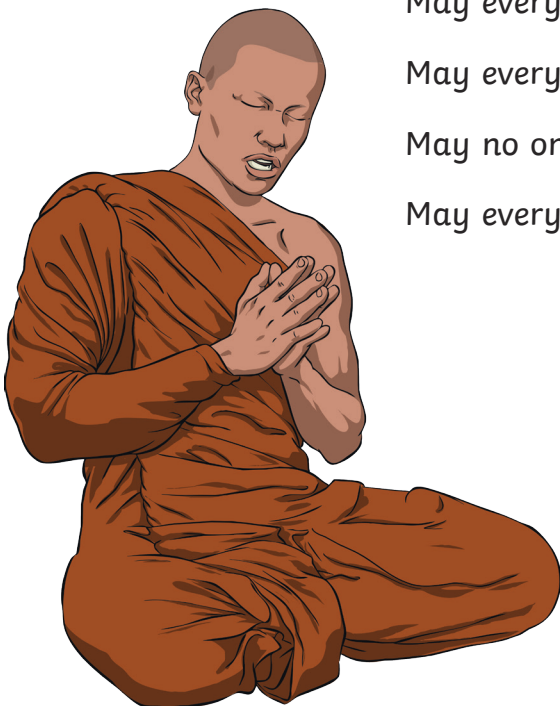
## Grace before Meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty, through Christ our Lord. Amen.



# Buddhist Prayer

May everyone be happy,  
May everyone be free from misery,  
May no one ever be separated from their happiness,  
May everyone have equanimity, free from hatred and attachment.



# Sikh Prayer

## Ardas

You are our Master; to you, I offer this humble prayer.

This body and soul are all your belonging.

You are our mother and father; and we are your children.

No one knows your infinite vastness.

O highest of the high, most generous God,

The whole creation is strung on your thread.

That which has come from you is in your will.

You alone know your existence and vastness.

Nanak, Your slave, is forever surrendering to you.

