



| Week 1                    | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   |
|---------------------------|--|--|--|---|--|
| <b>Option 1</b>           | Margherita Pizza   | Chicken Tikka Masala with Rice & Naan  | Roast Chicken Breast Fillet with sage & onion stuffing         | Homemade Cheese Whirl   | Baked Fish   |
| <b>Option 2</b>           | Penne pasta with tomato & basil sauce                      | Quorn meatball sub with tomato sauce   | Quorn Dippers  | Potato Chickpea & Spinach curry, Rice & Naan                              | Spanish Omelette   |
| <b>Alternative option</b> | Jacket Potato with cheese or tuna with side salad          | Chicken and mango chutney or savoury cheese wrap<br>Tortilla Corn chips & house coleslaw | Jacket Potato with cheese, baked beans with side salad         | Half turkey or BBQ quorn baguette<br>Tortilla Corn chips & house coleslaw | Jacket Potato with cheese, baked beans with side salad     |
| <b>Sides</b>              | New Potatoes<br>Baked beans,<br>Garden Peas<br>Breadbasket | Rice & Naan<br>Peas & Sweetcorn<br>Breadbasket   | Carrots & Mixed Greens<br>Simply Roast Potatoes<br>Breadbasket | Rice & Naan<br>Half Baked Potato<br>Baked Beans,<br>minted cucumber salad | Chips<br>Baked Beans & Peas<br>Breadbasket                 |
| <b>Desserts</b>           | Whole & Fresh Cut Fruit<br>Yoghurt                         | Whole & Fresh Cut Fruit<br>Yoghurt   | Whole & Fresh Cut Fruit<br>Yoghurt                             | Whole & Fresh Cut Fruit<br>Yoghurt  | Treat day Friday<br>Assorted Yoghurts<br>Cheese & Crackers |