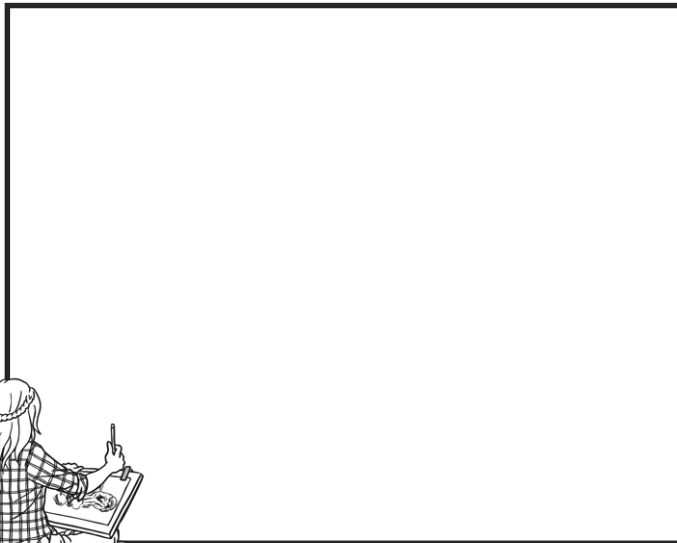


My Helpful Habits

Draw six of your helpful daily habits. Include speech bubbles to say why each habit is good for you.



This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#).