Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Option 1	Pizza Wrap	Chicken Curry with Rice and Naan	Roast Gammon Dinner with Yorkshire Pudding	Spaghetti Bolognaise with Garlic Bread	Baked Fish
Main Option 2	Southern Style Quorn Burger in a Bun	Cheesy Quiche	Homemade Meat Pie	Veggie Bolognaise with Garlic Bread	Vegetarian Sausages
Alternative option	Tuna Mix Sandwich on wholemeal bread served with tortilla chips and corn on the cob	Jacket Potato with Cheese or Beans with side salad	Cheese Wrap with breadsticks and corn on the cob	Jacket Potato with Tuna and side salad	Tuna or Egg Bap with tortilla chips and corn on the cob
Sides	Seasoned potato wedges, peas and sweetcorn	Mini roast potatoes, pears or beans	Mashed potatoes, carrots or cabbage	Broccoli and sweetcorn	Chips, peas or beans
Desserts	Various Desserts	Various Desserts	Various Desserts	Various Desserts	Various Desserts